2019

BABUSHKA ADOPTION FOUNDATION YEARLY REPORT

01.01.2019- 31.12.2019

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INTRODUCTION

In 2019, BA turned 20 years old. We celebrated this phenomenal achievement with an event on 25th September 2019, with the foundation's friends, partners, sponsors. During the event, the charity's founder Markus Müller gave a speech highlighting the huge gains that the charity has made over the past 20 years to improve the lives of the elderly in Kyrgyzstan. It was stressed that BA must continue this work and endeavor to provide even greater support to the elderly people. As such, our main overarching role is now ensuring the sustainable improvement of the elderly nationwide by involving government and advising them on national policy.

Successes from this year include the establishment of geriatrics services in two centres, one in Belovodskoe village and one in Sulukta town. This project was made possible due to financial help from the Ministry of Social Protection, enabling us to provide these specialist social and medical services and consultations to the elderly people at these centres. Under this project, BA was also able to train state social and medical workers in the specifics of geriatric care. Thus, the most appropriate and effective services for the elderly were able to be provided at the centres. By training these workers, Babushka Adoption Foundation can improve the lives of the elderly through the provision of more tailored and effective health services.

We would like to thank the supporters of BA. Without their help, we would not be able to continue our work on bettering the living conditions of the elderly nationwide, nor be able to provide support to our direct beneficiaries. We hope that with the support of our sponsors, donors and the state, BA will continue to improve the lives of the elderly in the Kyrgyz Republic. We hope to restore their dignity and ensure they live healthy and happy lives.

OBJECTIVE 1: PROVIDE SOCIAL AND FINANCIAL SUPPORT TO ELDERLY PEOPLE

The main aim of BA Foundation since 1999 has been to source financial support to help the most vulnerable elderly people in the Kyrgyz Republic. The financial support is accumulated from sponsors, in the form of direct sponsorship support to the charity's beneficiaries. Our beneficiaries are some of the most vulnerable in Kyrgyz society - lonely elderly people, aged 65 years and above, receiving pensions of less than 62.5 EUROs a month. Since 1999, BA Foundation distributed more than €2,000,000 from several thousands of individual sponsors. In order to better organize the delivery of this financial support, the Foundation will be implementing the following objectives throughout the next year:

1.1. Maintaining relationships with current sponsors

Babushka Adoption Foundation will be conducting the following activities to maintain sponsor relationships and ensure their commitment to their beneficiaries. The Sponsors Coordinator will be:

- Sending renewal requests to the sponsors, whose sponsorship balance is about to cease
- Sending receipt of confirmation that we have received the money from sponsors who have renewed their sponsorship
- Sending photo reports to the sponsors
- Sending financial reports on the sponsorship balances
- Sending information about changes of the beneficiaries in case of death, relocation etc.
- Exchanging correspondence between sponsors and their beneficiaries, e.g. translating letters, delivering parcels and letters etc.
- Facilitating visits of the sponsors to their beneficiaries.

This can be seen here with our sponsor Mrs. Alice Wegman who along with her children, supports several beneficiaries. Mrs. Wegman for two years running has stayed at the home of one of her sponsored beneficiaries Mrs. Zinaida Lebedeva. Mrs. Alice Wegman invited the team of BA and her beneficiary Zinaida to a goodbye lunch (see photos below). This is a lovely instance of a sponsor-beneficiary relationship and one which we hope to see more examples of in the coming year with other sponsors.

Maintenance of the relationships must be highlighted as a crucial aspect of the charity's work, giving credibility to the Foundation. These actions will also help to inform sponsors and feel motivated to continue to support the elderly people in our country.

In the past two years, there have been technical errors in the sponsor database due to job changeovers with the Sponsors Coordinators. Consequently, sponsors were irregularly informed, and mistakes were present within reports sent to sponsors. It should be noted that since 2020 BA will introduce a new software, an updated database integrated into a special accounting Software 1 S for NGOs, elaborated especially for BA Foundation under a grant of the German Embassy in the Kyrgyz Republic. This should help us avoid these past errors.

1.2. Search for new sponsors and filling the database of the beneficiaries

BA has been searching for new sponsors through social networks, current sponsors, collecting money via boxes, paid advertisements and publications in mass media. Mass media publications usually garner the most sponsors and are the most effective channel. We decided to publish eleven of these announcements in 2019 in a drive to gain greater sponsorship. Unfortunately, the published articles brought only a few sponsors. Most of our sponsors in 2019 therefore were found through existing social networks, but it seems in 2019 there were fewer people willing to join the sponsorship programme of the Foundation.

While searching for sponsors, BA also registered elderly people interested in seeking support from the foundation. Assessment of the applicants is based upon their living conditions and income level. This information is checked and entered into the database. When a sponsor is found, these elderly persons can then be matched with the help of the database.

1.3. Money delivery process and reporting

As soon as the money is collected from sponsors it is distributed to the beneficiaries on a bimonthly basis. Money distribution therefore takes place six times a year. The funds delivered to the beneficiaries this year amounted to a total of €6,792,899. The average exchange rate was 78.15 KG Soms for 1 EURO. The money distribution process is arranged by the team at BA.

In the past, money was distributed to the beneficiaries at 26 money distribution points in Bishkek. Beneficiaries, who were unable to receive money at the distribution points, received the money from social workers or volunteers of BA Foundation at their homes. At the end of 2019, the Supervisory Board of the charity decided to convert the cash payments to the beneficiaries into the medium of card payment. This decision was undertaken to ensure greater transparency and to reduce unnecessary expenditure on logistics such as taxis to deliver the cash to the beneficiaries.

Starting from November the charity has begun implementing these measures. BA have also decided to set up community groups to visit the beneficiaries in their homes once every 6 months to check up on the elderly and ensure they are well since they will no longer be seen at the distribution points. Photos and reports from these visits will be available for sponsors who are interested.

1.4. Organizing social services for beneficiaries of BA

In 2019, social services were provided to five beneficiaries across 8 months of 2019 in Bishkek. 12 elderly people also received these home care services from social workers in Sulukta. The social workers of BA provide the following services to the beneficiaries: help them to wash, maintain personal hygiene, cut their nails, clean their homes, do laundry, wash dishes and help with daily tasks such as shopping and paying bills. In total, the Foundation was able to provide social services to 22 beneficiaries from Bishkek and Sulukta city of Batken region within 2019. The provision of the social support was possible thanks to financing from the Ministry of Social Development and Labour of the Kyrgyz Republic.

1.5. Organizing social events for beneficiaries of BA Foundation

Celebration of Christmas and New Year for 100 beneficiaries of the Foundation:

On December 12th, 2019 an event was held to celebrate the Christmas and New Year holidays. One hundred beneficiaries were invited to have a festive dinner and receive gifts. The social workers of BA Foundation must be thanked for organising the event and inviting the beneficiaries in the short time period of only two weeks. The lunch was sponsored by the Swiss family, Hinnen, who selflessly raised the money during their 50-year wedding anniversary. Famous artists of Kyrgyzstan performed especially for the elderly - opera star **Mrs. Marina Shipulina**, performer and producer **Omurbek Andarbekov**, who always helps out with the charity's events, the **"Kalina"** choir consisting of grandmothers from the Moscow district of Chui region and the **"Esmerelda"** dance group from the school of flamenco**.** 85-year-old Tamara Somova also performed a Kyrgyz song "Baram Saga". At the end of the event, the invited beneficiaries received New Year gifts, purchased with the help of government aid. Our elderly people went home happy with their gifts and in the festive mood!

OBJECTIVE 2: MOBILIZE AND STRENGTHEN THE CAPACITIES OF ELDERLY PEOPLE

2.1. Support of the income generation of the Self Help Groups

Since 2006, BA Foundation has helped more than 30 Self Help Groups (SHGs) of BA Foundation. At the moment only 10 SHGs are working under umbrella of BA Foundation. The SHGs are engaged in income generation activities, socialization and protection of their rights. They operate in the Batken and Chui regions and in Bishkek city. The beneficiaries of the SHGs usually make handicrafts and sell them at the events organized and held by BA Foundation. To exhibit and sell the handicrafts made by the elderly people, Babushka Adoption Foundation organized the following activities within a year:

2.1.1. Organizing participation of Self Help Group members of BA in the fairs exhibitions

Babushka Adoption liaised with its partners and SHG members to organize the participation of the groups at fairs and exhibitions. Participating at these events gives the SHGs an opportunity to earn some money, socialize and celebrate the holidays with each other. It also gives them a chance to share tips with other participants in order to improve the quality and design of their handicrafts. The SHGs members participated in the following events:

- Participation in the 'From heart to heart" exhibition on **20th May 2019**
- Participation in an exhibition held on the **25th September 2019**, to celebrate of the 20 years Jubilee of BA Foundation
- Participation in an exhibition held on the **1st October 2019**, to celebrate the International Day of Elderly People in Bishkek

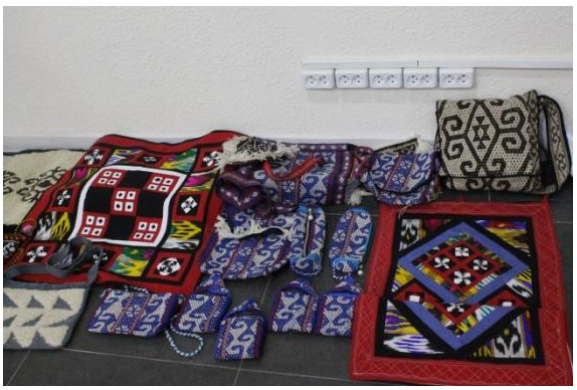
- Participation in an exhibition at Café Steinbreu on **30th November 2019**

On **November 30th, 2019**, the German embassy hosted their annual Christmas market in Kyrgyzstan at Café Steinbrau. Our Self-Help Group members from Bishkek and Belovodskoe were given an opportunity to sell their unique handmade products, made exclusively from natural fabrics and materials. After the event, deputy ambassador **Mrs. Irja Berg** donated the proceeds to the charity at the embassy.

On **December 21st, 2019** Babushka Adoption Foundation together with the trade company Business Ave Promenade also held a Christmas exhibition fair, which displayed a huge variety of handmade goods and products. All products on sale were lovingly handmade by the grandmothers from Bishkek, Moskovskij district of Chui and Batken regions.

By buying from the grandmothers at this fair, the buyers contributed to the charity and helped provide some financial stability for women in difficult life situations. For many seniors, this was one of the few opportunities they have to slightly improve their financial well-being and generate a small income. It was amazing to see how much soul, warmth, love and care the grandmothers had put into everything they had made! Our grandmothers sold souvenirs made from felt, carpets weaved in the "Taar"style, knotted carpets, souvenirs and items in the "Kurak" style and paintings. Again, it must be reiterated that self-help group members only use natural wool (sheep, camel) and materials. The fair was attended by both former Babushka Adoption SHGs and existing ones.

In addition, dried apricots, grown and packed by the elderly were also on offer at the fair (*who does not know the famous Batken dried fruits!.)* The elderly of the Batken branch also had the fantastic opportunity to present their products and souvenirs made in the traditional national ethnic style at the fair.



2.2. Organizing and holding of trainings for the elderly people

BA, with the help of financing from the Ministry of Social Protection held trainings for the elderly people to give them the knowledge and skills to maintain active longevity. This will help them to stay active and healthy in their old age.

Eight trainings were held for the elderly people on the following themes:

1. «Diabetes» (9th January 2019)
2. «Physical activity in old age» (16th January 2018)
3. «Safe environment», «Syndrome of falls» (20th February 2019)
4. «Bronchial asthma. Bronchial lungs diseases) » (19th March 2019)
5. «Syndrome of the chronical pain», «Pressure Sores», «Fecal failure» (10th April 2019)
6. «Cognitive disorders in old age» (3rd May 2019)

7. Training consultation on maintaining health in old age (27th September 2019)
8. Training consultation on maintaining health in old age (10th October 2019)

2.3. Organizing a training for social workers and doctors of the Moskovskij district of Chui region as well as Sulukta city

Within the project of the Ministry of Social Development and Protection, in July 2019, BA held training sessions for the social workers and doctors of the Moscow district. Sessions involved education on the specifics of providing social and medical support to the elderly. 19 social workers attended and 24 doctors also received 24 hours of training on the specifics of geriatrics and gerontology. The doctors were trained by the representatives of the Kyrgyz Institute of Requalification and Qualification by doctors under the Kyrgyz Medical Academy with the relevant knowledge. Upon completion of this 24 hours of training, the doctors received state certificates. They also gained knowledge which will allow them to provide more effective social and medical care for elderly patients. Within the project of the Ministry of Social Development and Labor, BA also held the same trainings for social and medical workers of Sulukta city.

Visit of the vice speaker

On April 1st, BA Foundation warmly welcomed the Vice Speaker of the Kyrgyz Republic's Parliament, to the Elderly Initiatives centre of BA Foundation in Belovodskoe village. The vice speaker, Mrs. Aida Kasymalieva, got acquainted with the work of the Elderly Initiatives centre and with representatives from the Self-Help Groups of Babushka Adoption from the Belovodskoe villages.

2.3. Support of the 3 day centres by BA Foundation in Moskovskij district of Chuy region, Batken region.

2.3.1. Opening and running of the day centre in Sulukta and Batken cities

In 2018, BA opened a day centre in Sulukta town with the help of a grant from the Ministry of Social Development and Labour. The opening of the centre was a success: 30 elderly people were able to meet and socialize, drinking tea with one another. 25 handicapped people were also able to convene at the centre and were able to socialize with one another. The day centre also functioned as a money distribution point for the beneficiaries of BA to receive their sponsorship. BA Foundation has since also organised trainings for the social workers to provide social support to the elderly people at the centre.

30 beneficiaries were also received at the day centre in Batken, which opened in 2019. Like the Sulukta centre, day activities have been held and the centre has acted as a money distribution point.

OBJECTIVE 3: PROTECTION AND PROMOTION OF THE ELDERLY PEOPLES LIVES

Participation in the Conference of the WHO in Moskow on the 26th February

Aidai Kadyrova, the Director of BA Foundation took part in a World Health Conference on Healthy Aging, as part of the delegation of the Government of Kyrgyzstan. At the conference, Aidai shared information about state policies related to healthy aging and active longevity in the Kyrgyz Republic together with the Chief Gerontologist of the Ministry of Healthcare of the Kyrgyz Republic. Aidai Kadyrova also got acquainted with the best practices on healthy aging conducted in Europe and the WHO's plan for global healthy ageing over the next decade.

On March 26, 2019, Babushka Adoption Foundation together with partners, also participated in a meeting organized by HelpAge International to discuss and determine further collaborative action to address the problems of older people in Kyrgyzstan. The partners said that it would be necessary to address the following:

- To develop activities such as volunteering for the elderly and by the elderly
- To develop standards for the provision of services in non-governmental institutions for the elderly
- To introduce greater protective legislation to improve the situation of the elderly
- To develop a market for services that meet the needs of the elderly in social and other services
- To improve state social policy in relation to older citizens
- To further develop the program "Active Longevity" and strengthen the Platform "Active Longevity".

These steps, as the partners noted, are needed due to our global ageing population and the increasing proportion of elderly in Kyrgyzstan. We are working with Help Age partners to help us in our endeavors and plans. They will be providing consulting support - allowing us to strengthen the capacity of organizations working with the elderly, promote the Concept of Active Longevity and to enhance the financial sustainability of our organizations.

Promotion of the National Plan of activities of the Government

The Director of the Foundation, Aidai Kadyrova, has actively participated in ongoing discussions concerning the promotion of the government's plan to improve the quality of life for the elderly in 2019-2025. This National Plan was previously developed in 2017-2018 with the help of the BA Foundation. This plan was subsequently ratified by the government under decree #442 on August 30th, 2019.

Promoting the platform 'Active Longevity'

On December 16th, 2019, Babushka Adoption Foundation took part in a Round Table organized by the Red Crescent Society of Kyrgyzstan. The meeting was also attended by representatives of HelpAge International Kyrgyzstan, specialists in medicine. A number of key issues were discussed, such as the promotion of the Active Longevity Platform, the National Government's Action Plan to improve the quality of life of elderly citizens for 2019-2025, as well as further activities to develop and strengthen the Platform. Being an initiator of the Platform, BA Foundation made a presentation of the Platform's primary goals and objectives.

Participation in Seminar on improvement of the elderly people's quality of lives

In Bishkek between 19th and 23rd December, a 3-day seminar took place to discuss measures to implement the "Plan of activities to improve the quality of life of elderly citizens of Kyrgyz Republic (KR)", as accepted by the Ministry of Social Protection and Labor under the decree which ratified the National Plan. The event was initiated by the Public Foundation "Development of social services" in partnership with the Ministry of Labor and Social Development of the KR.

Representatives of the responsible ministries and agencies of the KR together with civil society organizations and commercial institutions analysed the National Plan, indicators, allocated budget and joint steps needed to implement the Plan.

As a result of discussions, interdepartmental coordinated plans aimed at the effective implementation of the Plan are to be introduced. This will enable a coordinated team effort to improve the lives of the elderly nationwide.

OBJECTIVE 4: DEVELOP THE INSTITUTIONAL CAPACITY OF BA FOUNDATION

4.1.Trainings for staff members

Babushka Adoption participated in AgeNet's work on ageism and the promotion of the UN Convention on the Rights of Older Persons. The training was led by Ms. Gemma Stovell, a HelpAge International specialist from London. Participants included BA alongside representatives of organizations that also provide support and assistance to older people, such as HelpAge, Resource Centre for Older People, Red Crescent Society and the Centre for Public Technologies. These organisations are considered the most crucial in terms of promoting the UN Convention on the Rights of Older People in Kyrgyzstan.

Throughout the training, Ms. Stovell gave examples of best practice from different countries, conducted comparative analysis, and involved participants in surveys and practical assignments. As a result of the meeting, representatives of invited organizations received practical guidance on how to promote the Convention in Kyrgyzstan ("4 steps to the Convention").

4.2. Holding of different events.

Throughout 2019, BA held several events to recognize the tireless hardwork of its employees.

4.2.1. 20 years Jubilee

The most remarkable event in 2019 was the celebration of the charity's twenty years. In July 2019 BA Foundation turned 20 years old, with celebration of this landmark event held on the 25th September 2019 at the Park Hotel. BA was happy to share the occasion with those partners and stakeholders who have supported BA Foundation throughout its time. Guests included the Ambassador of the USA, the Deputy Head of the German Embassy, the Head of OSCE Mission and representatives from the Ministry of Social Protection and Labour and other partner organizations.

During the event, sponsors who have supported more than 20 beneficiaries over a long period of time were highlighted. The Golden sponsor was from Switzerland - Mr. Hans and Markus Schmid who have supported 100 beneficiaries since 2002. Another golden sponsor was a local business company, Kommunarka who have supported 70 beneficiaries. Another sponsor of note is Mr. Karl Göppert who has solely supported 40 beneficiaries.

Silver and Bronze sponsors for those who have supported 20 and less beneficiaries were also recognised for their equally crucial support.

4.2.2. Team building with the employees, volunteers financed by a sponsor Karl Göppert

Mr. Karl Göppert, who was a Member of Supervisory Board of BA and has supported 40 beneficiaries, is also involved in the support of the staff of BA. He always encourages team building events of staff members and volunteers of BA Foundation, understanding how challenging the work at BA is. Mr. Karl Göppert, has very kindly helped us to provide corporate lunches for the employees of BA to motivate staff and volunteers, boosting morale.
Lunches took place on March 8th, 22nd April with the Head of the BA German Association Eliza Mandieva joining staff, on the National Social Workers Day of April 19th and for Christmas.

4.3.1 Maintaining of the partnership with the sister organizations in Germany and Switzerland

BA Foundation continues to maintain relationships with its sister organizations, Babushka Adoption Germany and Babushka Adoption Switzerland. Communication is primarily online but when the heads of the German and Swiss Association visit Kyrgyzstan, BA Foundation always discusses plan of action, challenges and solutions to issues.

In Germany, the Foundation is headed by Mrs. Eliza Mandieva who we would like to thank for her dedicated volunteering. She can be contacted at these addresses - Germany@babushkaadoption.org, eliza.mandieva@gmail.com

The Swiss organization has been run from 2019 by Mrs. Aimeerim Tursalieva. She operates the bank account and provides information to the Swiss sponsors. She also liases with Swiss sponsors, and if necessary, organises meetings to provide information. She can be contacted at these addresses - schweiz@babushkaadoption.org, tursalieva@gmail.com

We are very thankful to our colleagues in Germany and Switzerland who act as a bridge between our European sponsors and babushkas. They work voluntarily for BA Foundation, selflessly dedicating their time and resources.

4.3.2. Maintaining the partnership within the Agenet network

Throughout 2019, BA continued to maintain its partnership with the Agenet network, uniting over 50 organizations from the former Soviet Union. Together, the network aims to raise awareness and address the issues of aging not just in Kyrgyzstan, but across other ex-USSR countries. BA Foundation has taken part in monthly meetings with the network to address the short-term and long-term issues of the elderly population, exchanging experience with other partners.

More information on the Agenet network can be found at http://agenet.org.kg/

4.3.3 Establishing partnership with the International University of Kyrgyzstan

On December 13, 2019 the International University of Kyrgyzstan hosted a round table. This was organized by the management of the University and the Department of Social Work on the theme of "Higher Education-Employer: Assessment of the quality of graduates' training". Since Babushka Adoption is engaged in social work with its beneficiaries, it was important for the charity to share its expertise on what the Foundation is now looking for from social workers wishing to work with the charity. Director Aidai Kadyrova shared her opinion that students who study social work should receive the appropriate education on "social work", which should meet the trends of a given period, the realities of a given situation and needs of the elderly. She also advised for students to be taught the skills needed to prevent emotional burnout and to be given lessons on the psychology of the elderly and leadership skills. This will enable them to successfully execute initiatives and cope better with stress, making the lives of those with whom they work with in their direct profession a little better, kinder and easier. In 2020, BA and the International University of Kyrgyrzstan will be discussing the possibility of an internship for social work students at the charity.

4.3.4 Nomination of 2 employees of BA as outstanding specialists of social protection of the Kyrgyz Republic

It should be noted that in 2019, the Director of BA Foundation Mrs. Aidai Kadyrova and the Director of the Batken Branch Office of BA Mr. Almaz Rakhmanov were awarded medals as Outstanding Specialists of Social Protection of the Kyrgyz Republic. Both employees were nominated for their significant contribution to the system of the social system protection in the Kyrgyz Republic.

PUBLICATIONS ABOUT BA IN 2019

Publications

Several publications about Babushka Adoption Foundation have been made in the Kyrgyz media and two reports have even been published on the mass media site 24 Mir, a broadcasting service for former Soviet Union countries. The reports make activities of the Foundation more visible, give the charity greater credibility and keep the public informed of the activities of BA Foundation. Please see below published reports of the charity's work.

1. Article – 10th January 2019: "In Sulukta town the Minister of Social Protection and Labor Mr. Ulukbek Kochkorov met with the visitors of the day centre in Sulukta town". http://www.turmush.kg/ru/news:1489578?fbclid=IwAR27b2sreGA3EPemMux1Iq66b1aCckP7EnMwZ-wzmVjTdGVWtIVVWywNFEk

2. TV report: https://www.youtube.com/watch?v=EGqDchhHLiI&feature=youtu.be

3. Article – 10th July 2019: "Elderly people are under support of other people"

http://mir24.tv/news/16368736/babushki-pod-prismotrom-neravnodushnye-zhiteli-bishkeka-opekayut-pensionerok

4. Article – 6th March 2019 about opening of the geriatrics centre in Belovodskoe village

15.03.2019 В селе Беловодском открылся геронтологический центр - Новости из Кыргызстана - Новости из Кыргызст...

В селе Беловодском открылся геронтологический центр

ОБЩЕСТВО
9:31, 6 марта 2019 229

English

Бишкек (АКИpress) – В селе Беловодском Московского района Чуйской области открылся геронтологический центр. Об этом сообщили в фонде Babushka Apodtion.

В рамках дня открытых дверей пройдет выступление 5 бабушек. Основная цель — создание пилотного проекта, когда пожилые граждане села Беловодского и члены их семей будут обучены навыкам поддержания своего здоровья и психологического благополучия. При центре будет создана школа здоровья, где будут проводиться мероприятия по активному долголетию для пожилых.

В рамках первоначального результата ожидается, что качество оказываемых социальных и медицинских услуг для как минимум двухсот пожилых граждан Московского района Чуйской области будут улучшены после повышения профессионального потенциала 5 сотрудников местных больниц и социальных работников социальной защиты, а качестве жизни пожилых граждан возрастет.

#геронтологическая служба

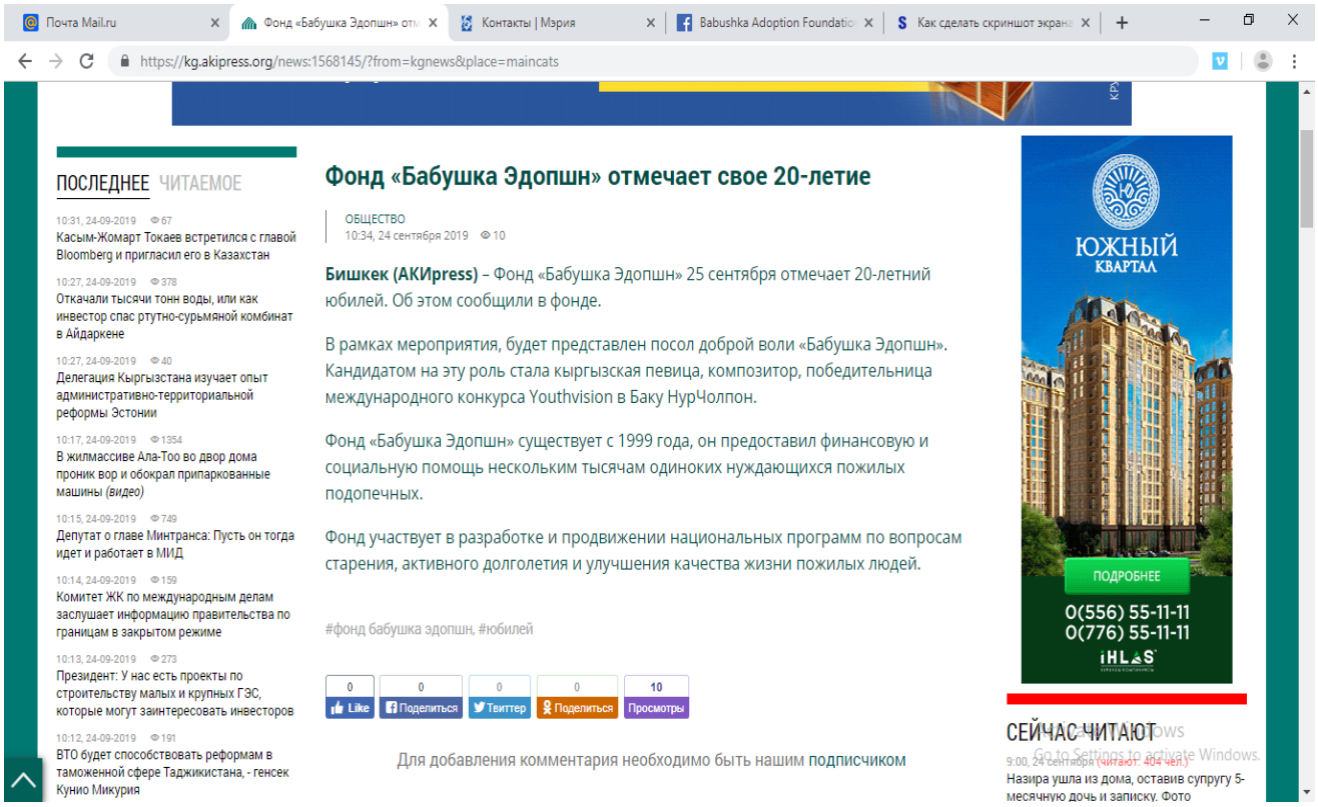
AKIpress

Geriatric center opens in Belovodsk village

http://kg.akipress.org/news:1499078 1/1

5. Article – 2nd August 2019 “Gerontology service will appear in Belovodskoe village” https://kaktus.media/doc/395561_babyshka_edopshn:_v_belovodskom_poiavitsia_gerontologicheskaia_slyjba.html?fbclid=IwAR1AU5ciqAfJTRk6EMs36IiSugUwNL-gnngVKHPKvgmzu8yyq4l_jqK7jps

6. Article – 24th September 2019: “Foundation Babushka Adoption holds its 20 years” https://kg.akipress.org/news:1568145



7.Article – 1st October 2019: “Babushkas turned 20 years old”

Вторник, 1 октября 2019 г. СТАРОСТЬ — В РАДОСТЬ Вечерний Бишке

Бабушкам исполнилось... 20 лет

Фонду "Бабушка эдопшн" исполнилось 20 лет. День рождения отметили в банкетном зале одного из столичных отелей. А бабули, пришедшие на праздник, рассказали, чем им помог фонд и как изменилась их жизнь.

Елена Кусяева и Любовь Землянская приехали в Бишкек из села Беловодского. У них в селе фонд "Бабушка эдопшн" создал пять групп самопомощи.

— А началось все необычно. Я заведую библиотекой для взрослых в нашем районе. Было время, когда у нас было мало читателей, и мы думали, чем бы их завлечь, приглашали своих друзей и знакомых. Так организовался клуб "Беловодские посиделки", в нем было около 70 человек. Нас поддерживал сельсовет, на праздники нашим старикам давали подарки. А главной задачей клуба было сделать интересным досуг пожилых, — рассказала Елена Кусяева.

— Десять лет назад в Беловодское приехали сотрудники фонда и на базе этого клуба организовали пять групп самопомощи, — вступает в разговор Любовь Землянская. — Я лидер одной из них — "Иголочка". Название говорит само за себя, мы шьем, вышиваем, вяжем, делаем поделки и даже вышивку лентами освоили. Свои изделия продаем на местном базаре, нам выделили место, где в любой день и совершенно бесплатно мы можем продавать свои вещи.

А с недавних пор у пожилых в Беловодском появилось еще одно увлечение — группа здоровья, тоже созданная фондом "Бабушка эдопшн".

— В нашей библиотеке есть постоянный читатель — Владимир Трофимов, он предложил всем вместе заниматься ходьбой. На обеденный перерыв выходим на улицу пройтись и собираемся по субботам. Он, кстати, и палки для ходьбы для нас сам смастерил. А эффект какой! Чувствуешь себя бодро, осанка становится лучше. И главное — заниматься может любой желающий. Всем только польза, — уверяет Елена Кусяева.

Когда мы слышим название фонда "Бабушка эдопшн", то перед глазами сразу появляется картина красочных ярмарок, где бабули выставляют свою продукцию — вязаные пинетки и носочки, самодельные игрушки, украшения ручной работы и много всего другого. На празднование дня рождения тоже можно было приобрести изделия, сделанные подопечными фонда. Кстати, баткенские группы самопомощи, которые работают в дневных центрах "Бабушка эдопшн" Баткенской области, тоже передали свои подарки — баткенский урюк и сумки в стиле курак.

Название фонда "Бабушка эдопшн" переводится как "удочери бабушку", и на праздничном вечере нескольким попечителям, которые помогают сразу десяткам стариков, вручили памятные медали. Семья из Швейцарии — отец и сын, Ханс и Маркус, — поддерживают 100 подопечных с 2002 года, а местный гражданин по имени Бакыт Ускенбаев оказывает помощь сразу 70 бабушкам и дедушкам.

С 1999 года фонд успешно реализует программу по спонсорству, согласно которой одинокие нуждающиеся пенсионеры берутся на попечение спонсорами. Сумма спонсорства в год составляет 180 евро. Эту сумму раздают подопечным раз в два месяца.

А еще состоялась лотерея и продажа напитков, которые продавала заместитель посла Германии в Кыргызстане Ирья Берг. Все вырученные средства пойдут для поддержки одиноких нуждающихся стариков. А еще представили посла доброй воли — певицу, композитора, победи-

Тамара Сомова. Кстати, песню исполнила на кыргызском. Про нее директор фонда "Бабушка эдопшн" Айдай Кадырова говорит, что эта бабушка пример того, как нужно правильно стареть. Ей больше 80 лет, она занимается своим любимым хобби — исполняет песни и является звездой Инстаграм. Два года назад она выиграла забег среди пожилых и получила медаль за победу в соревнованиях и за активную жизненную позицию.

— Двадцать лет назад, когда все только начиналось, на улицах города можно было увидеть много пожилых людей, которые просили милостыню. Но они выглядели не как бездомные, им было стыдно просить эти деньги. Однажды мы с друзьями задумались, чем мы могли бы помочь нуждающимся бабушкам и дедушкам. Тогда и возникла идея этого проекта, — сказал учредитель фонда "Бабушка эдопшн"

Поэт–оптимист

Недавно в редакции раздался звоно женщина пригласила приехать в дом интернат для пожилых и престарель чтобы встретиться с Виктором ЛЕБЕДЕВЫМ. **"Он всегда заряжает окружающих энергией и позитивом и, несмотря на преклонный возраст, не потерял силу духа и любовь к жиз сказала она. И мы решили сходить в к Виктору Васильевичу.**

В доме–интернате старики готовились к ужину. Виктора Лебедева в комнате не оказалось, но соцработники быстро нашли его. Оказывается, вместе со своими соседями он играл в бильярд. Узнав, что к нему пожаловал корреспондент из газеты, заторопился на встречу, по дороге расспрашивал, мол, о чем хотят узнать. Нам предложили поговорить в библиотеке, там спокойно и можно побеседовать о жизни.

Соцработники проводили его в библиотеку, заботливо усадили за стол, поправили волосы, чтобы на фото хорошо, а он с улыбкой отмахивался, де так нормально. Хотя ему явно нравилось ние, проявленное к нему.

Его история и впрямь удивительная. Ко жил в армии в автобате, нужна была пе выступления. Лебедев переделал на св песню про артиллеристов, получилось не всем понравилось. После армии он встре вушку Галину. В порыве чувств вновь на сать стихи, посвящая их любимой. Шел к встречу, а по дороге стихи сами рождались

С тех пор так и пишет. Каждый день и об Говорит, если написать ему хоть одну стр тут же сочинит стихотворение. Уверяет, что у него больше 17 тысяч. Даже книга выход

— И сегодня писать будете? — спрашива

— Так я уже писал! — отвечает. — Я каж ро хожу к речке Ала–Арча, за вдохновение на берегу, спокойно, и мысли сами в стро жатся.

Ну а еще он, оказалось, почетный донор Рассказывает, что однажды у знакомого ребенок, требовалось переливание крови, Виктора Васильевича подходила по всем трам. Он ей с мальчишкой поделился, и то

8. On 1st October on the Batken TV about celebration of the International Day of Elderly People
9. Article in national newspaper – 2nd October 2019: «Adopt a babushka»

8 СЛОВО КЫРГЫЗСТАНА 2 октября 2019 года

Удочери бабушку

Общественный благотворительный фонд "Бабушка эдопшн" отметил своё 20-летие.

В программе вечера, прошедшего недавно в Бишкеке, разыграли благотворительную лотерею, провели благотворительную акцию, а также реализовали алкогольные напитки. Все вырученные средства направили на оказание помощи обездоленным пожилым людям.

Реализацией алкогольных напитков занималась сама заместитель посла Германии в Кыргызстане г-жа Ирья Берг. Вечер, помимо дипломатов, собрал политиков, бизнесменов и общественных деятелей. Участвовал также основатель организации - швейцарский дипломат, экс-посол ОБСЕ в Кыргызстане Маркус Мюллер. Именно он, работая в начале 1990-х годов в нашей стране, поразился, в какой плачевной ситуации находятся здесь многие старики, и предложил создать для их поддержки фонд.

Ирья Берг и Маркус Мюллер на благотворительном вечере.

Со времени создания "Бабушка эдопшн" (название переводится буквально "удочерение бабушки") создал 30 групп самопомощи. Объединившись в них, пожилые люди выпекают на продажу хлеб, кондитерские изделия, изготавливают сувениры, шьют национальную одежду и т. д. Фонд распределяет среди особенно нуждающихся бабушек и дедушек поступающую от различных организаций и частных лиц гуманитарную помощь: продукты питания, постельные принадлежности, одежду и т. д. Социальные работники и волонтёры фонда посещают стариков, которые не могут передвигаться и нуждаются в физической помощи и общении. Они убираются у них дома, готовят еду, покупают продукты.

Кроме того, успешно действует проект "удочерения". Суть состоит в том, что каждый желающий может взять "под своё крыло" конкретных бабушку или дедушку и ежемесячно перечислять им от 15 до 20 евро. За год получается 180 евро.

К примеру, в апреле этого года фонд с радостью сообщил о том, что нашёлся спонсор для бабушки Лены Шуровой. На протяжении десяти лет её регулярно поддерживал один человек, но потом у него такой возможности не стало. Новым спонсором стала Кэрол Китс. У бабушки Лены 38-летний стаж педагога, она трудилась также экономистом-бухгалтером. На склоне лет её главной отрадой стал сад, где она выращивает цветы, а самыми близкими друзьями - кошки Мурка и Гуляйка.

В общей сложности, по данным фонда, помощь от него сегодня получают 913 бабушек, 57 ожидают "удочерения".

Назгуль АСАНАЛИЕВА.

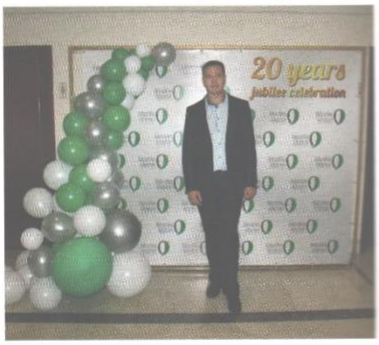
Ширдак: путешествие из прошлого в настоящее

словах получается легко, но на практике это всё требует немалых усилий и терпения. "Процесс не столько тяжёлый, - говорит З. Мусралиева, - со временем привыкаешь, сколько трудоёмкий и зани-

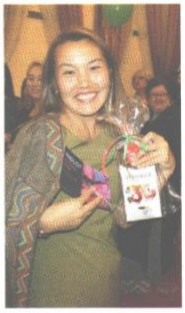
10. Article in business magazine - October 2019: «Celebration of the 20-years jubilee of the Charitable Foundation Babushka Adoption»

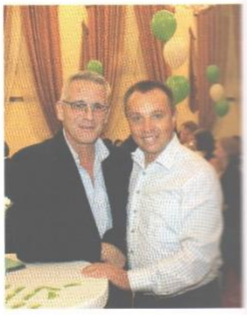
Празднование 20-летия благотворительного фонда "Бабушка Эдопшн"

25 сентября в канун Международного дня пожилых людей прошло празднование 20-летия фонда "Бабушка Эдопшн". Фонд функционирует с 1999 года, и на сегодняшний день он оказал финансовую и социальную помощь более чем нескольким тысячам одиноких престарелых. Для пожилых людей было реализовано более десятки проектов, а также разработана программа по продвижению активного долголетия и улучшению качества жизни. Целью мероприятия было празднование многолетней деятельности фонда, а также привлечение общественного внимания к проблемам пожилых людей в Кыргызстане.

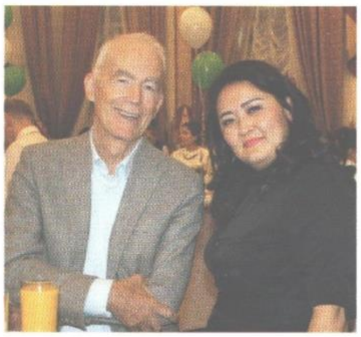


На мероприятие собрались представители дипломатической, политической, бизнес- и общественной элиты. Каждый гость вечера мог приобрести лотерейный билет и выиграть призы от партнеров. А также заместитель посла Германии в Кыргызстане госпожа Ирья Берг готовила и продавала напитки и коктейли в рамках традиции "знаменитый бармен". Все вырученные средства пойдут на поддержку нуждающихся одиноких пожилых людей.

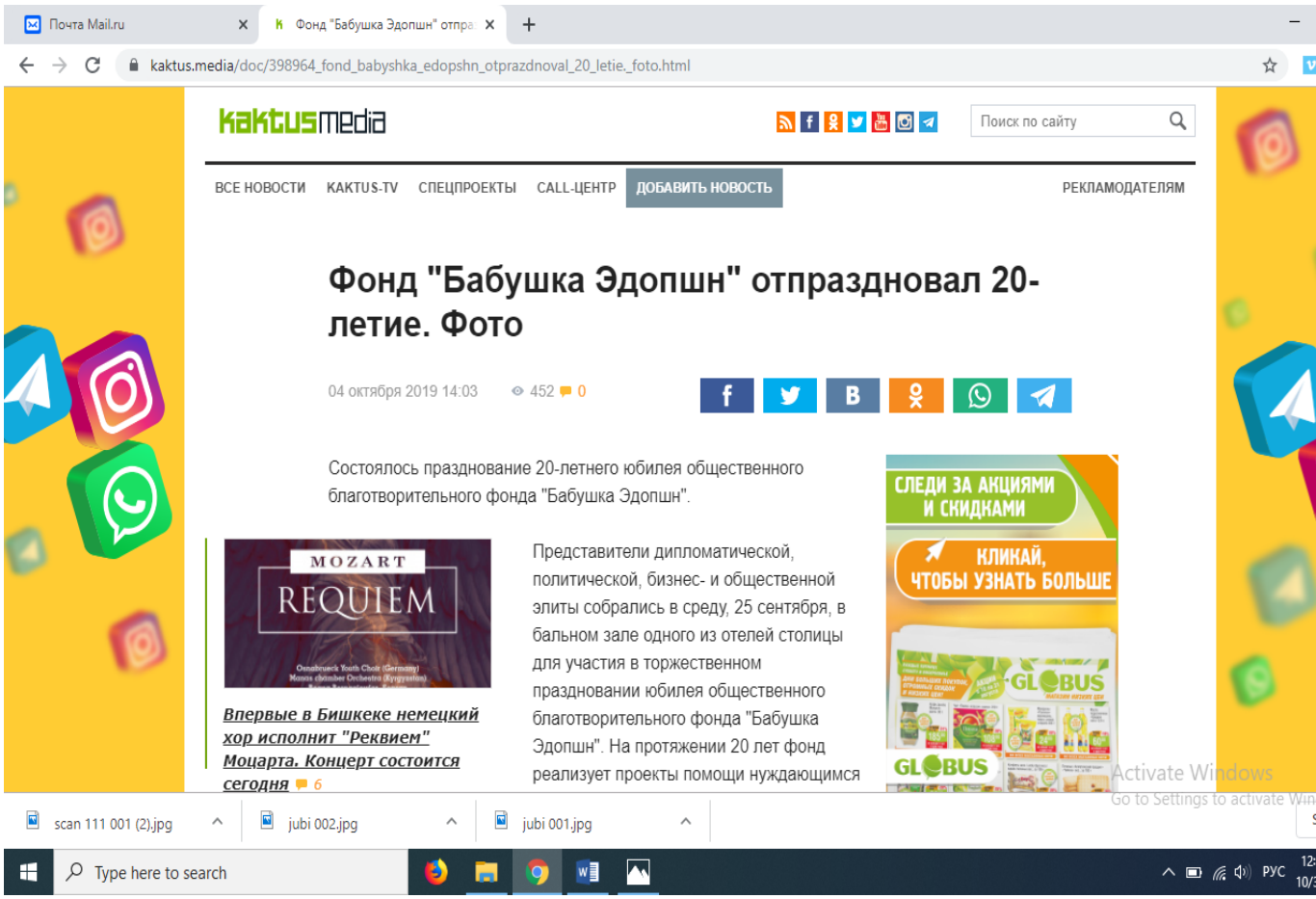




Вечер сопровождался выступлением артистов и танцоров. Ярким событием стало представление посла доброй воли фонда "Бабушка Эдопшн". Ею стала юная кыргызская певица, композитор, победительница международного конкурса Youthvision в Баку, обладательница редкого колоратурного сопрано – НурЧолпон.



11. Date of publication: 04.10.2019
Resource: “Kaktus Media”
Name of the article: Foundation «Babushka Adoption» Foundation celebrated 20-years
https://kaktus.media/doc/398964_fond_babyshka_edopshn_otprazdnoval_20_letie._foto.html



12. Article – 1st October, 2019 “Kaktus media”
https://kaktus.media/doc/398522_den_pojilyh_ludey._v_bishkeke_organizyut_skandinavskyu_hodby_i_blagotvoritelnyu_iarmarky.html?fbclid=IwAR3hYM051guu4o5dVou2wpohpRINfiAC0LCv_Zti1R-dxZkdBxIkyWdsAOg

13. Article – 6th December, 2019: «Slovo Kyrgyzstana», «There are no lonely babushkas»

14. Article – 10th December, 2019: www.Orbita.kg
“Volunteering is my way of living”. Interview given by one of the volunteers of BA Foundation who is also a recipient of the financial help from her sponsor.

15. Advertisement of the Foundation Babushka Adoption from Kyrgyz pop star Aiym Ayilchieva. We would like to express gratitude to the celebrity who is incredibly influential, publicising her donation to our charity to her 550 000 followers on Instagram.

FINANCIAL REPORTING

Please zoom in to look at the table.

Description	Actual in 2019 78.15												
	January	February	March	April	May	June	July	August	September	Oktober	November	December	Total for 12 months
1. Received from Sponsors for Babushkas													
1.1. Sponsorship	959 959	278 480	458 011	253 048	646 534	335 492	522 609	736 116	216 562	882 633	852 199	897 711	7 039 354
1.2. Gifts	12 438											82 274	94 712
1.3. Additional Payments			1 600										1 600
1. TOTAL Received from Sponsors for Babushkas	**972 397**	**278 480**	**459 611**	**253 048**	**646 534**	**335 492**	**522 609**	**736 116**	**216 562**	**882 633**	**852 199**	**979 985**	**7 135 666**
2.Paid to Babushkas													
2.1. Sponsorship	491 760	686 038	1 181 963	0	471 464	691 022	457 256	586 586	1 070 612	800	1 053 572	6 954	6 698 027
2.2. Gifts	12 438											82 274	94 712
2.3. Additional Payments			1 600										1 600
2.TOTAL Paid to Babushkas	**504 198**	**686 038**	**1 183 563**	**0**	**471 464**	**691 022**	**457 256**	**586 586**	**1 070 612**	**800**	**1 053 572**	**89 228**	**6 794 339**
3. Sponsorship Balance													
3.1. Sponsorship	468 199	-407 558	-723 952	253 048	175 070	-355 530	65 353	149 530	-854 050	881 833	-201 373	890 757	341 327
3.2. Gifts	0	0	0	0	0	0	0	0	0	0	0	0	0
3.3. Additional Payments	0	0	0	0	0	0	0	0	0	0	0	0	0
3. Sponsorship Balance	**468 199**	**-407 558**	**-723 952**	**253 048**	**175 070**	**-355 530**	**65 353**	**149 530**	**-854 050**	**881 833**	**-201 373**	**890 757**	**341 327**
4. BA Income													
4.1. Sponsorship	115 961	48 579	99 835	60 261	150 817	103 160	128 502	182 638	127 812	214 335	210 874	263 862	1 706 636
4.2.Jonathon Hombrook and OSCE Academy	154 000		204 570										358 570
4.3 DCA Grant	58 501											-1 509	56 992
4.4.Ministry of SP project #44	-9 483		168 952	140 792								-16 390	283 872
4.5.Ministry of SP project #67	71 381		144 302	203 454								-1 954	417 183
4.6.Ministry of SP project #68									66 029		129 083		195 112
4.TOTAL BA Income	**390 360**	**48 579**	**617 659**	**404 507**	**150 817**	**103 160**	**128 502**	**182 638**	**193 841**	**214 335**	**339 957**	**244 010**	**3 018 365**
5.BA Expenses													
5.1.Administrative Expenses													
5.1.1. Salaries and Social Fund	14 879	14 879	14 879	14 879	14 879	14 879	14 879	14 879	14 879	14 879	14 879	14 879	178 548
5.1.2. Utilities	20 000		500									6 000	26 500
5.1.3.Office supplies	7 174	1 050	9 112	5 550	2 783	-736	7 234	150	1 744	11 332	4 304	6 760	56 457
5.1.4.Communication	2 843	5 310	1 518	3 420	5 115	-1 607	1 380	1 195	2 595	3 200	5 780	5 304	36 053
5.1.5.Bank charges	7 965	3 752	2 603	4 459	6 173	2 479	13 878	2 100	6 010	3 340	3 117	14 757	70 631
5.1.6.Payment for Audit		55 000		55 781									110 781
5.1.8.Web site										6 020			6 020
5.1.9. Accounting servises	17 460	17 445	17 445	17 463	17 463	17 463	17 473	17 447	17 456	17 416	17 453	17 463	209 446
5.1.10.Other expenses	1 470	493	409	409	5 409	409	409		3 339	409	409	1 933	15 097
5.1.11.Exchange rate Loss												135 052	135 052
5.1.TOTAL Administrative Expenses	**71 790**	**97 929**	**46 466**	**101 961**	**51 821**	**32 887**	**55 253**	**35 771**	**46 022**	**56 596**	**45 942**	**202 147**	**844 585**
5.2.Social support													
5.2.1. Salaries and Social Fund	118 944	118 944	118 944	118 944	118 944	118 944	118 944	118 944	118 944	118 944	118 944	118 944	1 427 328
5.2.2.Transportation	22 546	1 589	22 352	2 433	20 172	1 374	27 036		23 390	2 145	21 285	6 751	151 073
5.2.3. Travel									10 200			7 500	17 700
5.2.3.Promotion, Publicity, Marketing				5 200	2 438		1 915		14 472	135 491		5 768	165 284
5.2.4.Ministry of SP project #44			118 936			94 955	69 981						283 872
5.2.5.Ministry of SP project #67	22 884	35 884	16 884	16 884	110 534	16 884	16 884	66 084	53 884	16 884	43 493		417 183
5.2.6.Ministry of SP project #68									64299			128 708	193 007
5.2.7.Mobile phone							12 445						12 445
5.2.TOTAL Social support	**164 374**	**156 417**	**277 116**	**143 461**	**252 088**	**232 157**	**247 205**	**185 028**	**285 189**	**273 463**	**183 722**	**267 671**	**2 667 891**
5.BA Expenses	**236 165**	**254 346**	**323 582**	**245 421**	**303 909**	**265 044**	**302 457**	**220 799**	**331 211**	**330 059**	**229 664**	**469 818**	**3 512 476**
6.BA Balance	**154 195**	**-205 767**	**294 077**	**159 086**	**-153 092**	**-161 884**	**-173 955**	**-38 161**	**-137 370**	**-115 724**	**110 293**	**-225 809**	**-494 112**
7. Administrativo Ratio													**8,32%**
8. Number of beneficiaries		**666**		**669**		**685**		**695**		**652**		**626**	
9. Number of sponsors													